

HYBRID MODEL USED FOR REDUCING LATENCY IN SMART HEALTHCARE SYSTEMS

Ozlem Batur Dinler¹ Canan Batur Şahinc² Hanane Aznaoui³

1 # Faculty of Computer Engineering, Siirt University, Siirt 56100, Turkey

2# Faculty of Engineering and Natural Sciences, Malatya Turgut Ozal University, Malatya, Turkey.

3#EST el kelaa des sraghna, UCAM

Email: canan.batur@ozal.edu.tr, o.b.dinler@siirt.edu.tr

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ABSTRACT

The Internet of Things (IoT) connects numerous devices on a worldwide scale. Emerging topics in the healthcare system include health checking, exercise planners, and remote medical aid. Fog computing always aims to implement cloud computing capability on edge devices. When utilised with Internet of Things (IoT) medical devices, the strategy is likely to exceed the minimal latencies need. Reducing network latency, processing delay, and energy consumption is crucial for IoT data transport. FC allows for the storage, processing, and and examined. To reduce high latency, cloud computing data is situated at a network edge. Here, a creative solution to the previously described issue is put forth. In an FC environment, it combines an analytical model and a hybrid fuzzy-based reinforced learning technique. The goal is to lower cloud server latency and energy consumption for IoT in healthcare. The suggested smart FC analysis strategy and algorithm uses a fuzzy inference system, optimisation techniques, and development approaches to choose and place the Internet of Things-FC context. Utilising the simulators Spyder and iFogSim, the method is assessed. The findings demonstrated that, in all comparisons, our suggested solution performed better than alternative techniques.

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1.INTRODUCTION

The object, the fog, and the cloud layers are the three parts of this architecture. The consumer electronics that make up the "thing layer" include sensors, wearable Internet of Things devices, microcontroller chips, heart rate monitor actuators, etc. Neighborhood routers, fog servers, and Internet gateways make up the fog layer. The cloud and Thing tiers can communicate with each other and exchange data thanks

to this layer. It generates judgements for urgent medical situations using datasets from deep learning, fog computing, distributed learning, and the inner layer. Healthcare professionals can choose long-term therapy for patients with the help of computers in the cloud layer that have extraordinarily vast storage, processing, and analytical capacities. Due to its exceptional swift service response times, fog computing surely ranks highly among the finest [1]. Alternatives

for Internet-connected "Healthcare Things" applications. In 2018, researchers released a helpful method for automated heart disease diagnosis. The system integrates hardware for edge computing with deep learning. The Fog Bus cloud structure may support fog using evaluation matrices. In terms of power consumption, network bandwidth, latency, jitter, accuracy, and execution time, it was used to set up and examine the expected model's performance [2]. The proposed model might be more latency-sensitive. The proposed system by [3], examined the performance and effectiveness of three-layer IoT edge cloud scenarios and contrasted the results with the results of not using blockchain. When the blockchain was made available for processing at each stage of the network architecture, end-to-end latency was slightly reduced. There are no structures for the blockchain provided by the iFog Simulator, so the system cannot use the actual blockchain (group) blocks. A 20% increase in electricity usage was also noticed [4]. A smart healthcare system built on an edge computing architecture was suggested in this study. In this approach, network latency reduction and patient data privacy are handled via an intermediary layer known as edge computing. When compared to a comparable technique, the execution, efficiency, and security assessments of the recommended model show good security, low latency, low transfer time, low power, and low energy. The computed findings show that edge computing reduces power consumption by 69.03 percent and transmission time by 64.24 percent. Written by Shukla et al. The overall latency between cloud servers is decreased using a brand-new fusion machine learning technique that is suggested. and intelligent medical equipment in a fog and edge environment. The system has offered the best solution for lowering latency, but there are certain reliability and security issues, and the suggested methodology is also not the most economical [5]. Medical applications generate enormous amounts of data that require storage space on the cloud rather than being punished by being forced to use devices

with limited computing power and storage. The benefits of understanding medical care applications are enormous. A Macropterous salmonid of data was generated during a medical care assignment, and it should be stored and recovered properly [6]. The period requirements should be taken into consideration when monitoring streaming-based transmissions in E-Health applications. Fog computing was seen to be the simplest idea to consider while developing medical services apps because these systems are inactivity sensitive, have a slow response time, and generate a lot of information [7].

2. RELATED WORK

By assisting more experienced workers through cultivator nursing, fog computing significantly improves medical care applications. Fog computing the easiest aim for such applications since period identification (for example, drug illnesses) was one of the crucial 3 features in medical services apps that require little idle time and quick response times. The fog computing framework built using one fog hub or several computation hubs that were configured similarly. The linked fog computing hubs further advance quantification ability, overt repetitiveness, and snap, and it was feasible to indicate additional fog nodes when additional computing is needed [8-10]. The aforementioned characteristics meet the demand for apps for medical services. Fog computing was taken into consideration because it successfully supports a number of medical care applications due to its improved help quality, quickest response time, minimal inertness, spatial awareness, and high grade, among other factors. However, fog hubs (such as suitable switches, tunnels, servers, base stations, etc.) cannot satisfy these requirements since their design was not compatible with medical care applications [11]. The term "Internet of Things" now refers to any connected object that has been fitted with a device that allows it to send and receive data. These devices have the option of quickly connecting to the internet via a point of access or Bluetooth

connection with another device that has internet connectivity. The handcrafted logical net of components can include various devices and wastailored to a buyer's needs. Normal wearable sensors measure step, outline temperature, blood oxygen saturation, and blood sugar. These devices may be easily connected to the internet or a web-enabled device in addition to a cell phone, PC, or tablet. Wearable Edge Location Organisations (WBANs) are a fundamental component of the IoT [12]. The influx of devices designed to make money that can be obtained be painless and typically undetectable to a customer's step-by-step repetition has created prospects for customised emergency clinic therapy without exorbitant device expenditures. The benefit of removing victims from logical concentrations was that more beds become available for victims who require more intensive care and attention [13]. Devices like tablet distributors that remind customers to take their medications, Private Crisis Response Systems (PERS), and dark fuel online sensors can all be stored in crafty homegrown compositions that can be combined with wearable technology to create a significantly improved local environment for customer care [14]. WBANs can be used by patients with chronic illnesses or those who, in other circumstances, require long-term care to record important records that help create a more comprehensive, focused report on their health. A logical master may find this report useful as it provides records or data that aren't readily apparent during a typical meeting visit. Documenting unusual occurrences that occur in conjunction with other extraordinary events, after excessive activity, or after taking certain substances can aid in the analysis of unreasonable events before they disrupt a person's daily routine or have a significant influence on their welfare. With the logical IoT, it makes sense for a singular's prosperity to be followed generally. Additionally, this pertains to circumstances in which it was not necessary to collect records without a doubt with the justification of giving them to a reasonable supplier. Having devices that can detect falls can aid elderly persons who no longer have the ability or desire to live with a

guardian or in a care facility [15]. Additionally, safeguarding the safety of clients can involve keeping track of elderly individuals who might be experiencing the early stages of dementia and alerting the appropriate person if someone wanders away from a routine pattern or location for an extended period of time [16]. Bumbles have no place in clinical time. When victims are being examined outside of an usual logical environment, the thin edge of bumbles applies even more clearly. WBANs have the potential to provide a wealth of information on a person's current significant status, but they also carry the risk of inaccurate estimates, equipment failure, programming programme flaws, and a variety of other problems unique to the circumstance where they were delivered. It has been 30 suggested and implemented with some effort to combine devices that are aware to spot anomalies in the readings of logical sensor networks. As mentioned, astute calculations are precisely used to separate vast volumes of multifaceted data and control device associated aesthetics that show the issue seen during human examination [17-18]. Massive changes or spikes can indicate a health problem when an affected person's normal readings fall outside of a narrow range. A vision display can be used to identify deviations in biometric readings, such as blood pressure, cholesterol, glucose, etc., from both the affected person's normal range and what was considered to be "safe" ranges. Information mining can be used to create a confidential pattern using influenced individual variables such as age, weight, prior logical situations, and treatment records. When given complicated data, machine learning techniques can be applied to predict future events, which were primarily based on existing patterns, with even greater impact. False brain organisations (ANN) were used to manipulate logical facts and assist with the test of a couple of situations. A device realising structure was meant to employ IoT MAClayer technology in [19], to address the heterogeneity of various IoT devices in crafty homegrown. It's possible that a few anomalies may be discovered early, before they deviate from useful standards, through the process for

the subsequent stream from a long-lasting influenced individual gauge, as the usefulness of devices becomes more conscious of logical IoT. Similar to this, affected person situation during recovery or adjustments in treatment practises can be examined for unsatisfactory deviations, which could include a low pulse, increased blood glucose, or a low energised oxygen division[20]. Clinical IoT networks were not meant to replace expert clinical recommendations or care. These organisations should consult a master in a pair with the assumption that they work with more nuance than just regular conferences can provide. If the situation is that neither the customer nor the parental figure were comfortable with or fit for holding clinical IoT devices, then nothing was lost with the recommendation of using regular clinical offices. Clinical IoT is adaptable to the calculation in some homegrown environmental elements [21].The ability for opportunity and freedom that comes with using those devices is available to clients and guardians.WBAN devices may be required to collect information that could be examined with the aid of using a professional in situations where inclusion won't cover prolonged clinical organisation stays for checking. Machine learning could be carried out as a capacity diagnostics estimator. With the aid of wearable sensors, Parkinson's disease, diabetes, and Friedreich's ataxia were clearly perceived and observed [22]. The first concern of a logical IoT people group is patient security. A method of contacting guardians or emergency assistance was necessary because this location incorporates someone who may also moreover confront unquestionably dangerous health issues. When an unusual occurrence or browsing could occur, the gadget first try to acquire a response from the affected person to reduce phoney warnings. In the unlikely event that the affected person actually stops responding, a guardian needs to be informed [23].The severity of the incident is determine how the crisis contributed. Making a guardian aware of tests on sensor position and how an individual's wellbeing was being impacted before informing crisis contributions might reduce

erroneous calls to crisis contributions. It was possible for sensors to slide out of the region and report strange, but currently alarming, readings [24]. If there was a serious problem, such as a heart attack or a fall, or if the caretaker actually does not respond within a fair amount of time, emergency assistance should be summoned as soon as possible. WBANs are typically not completely necessary for client security in harsh domestic environmental conditions. When a customer was living with dementia, the danger of capacity damage may be reduced by integrating frequently used home devices into the traditional IoT people group. The sharp homegrown should be prepared to notify a resident or guardian if a stove or reach heater has been left on for an unusually long time. utilising a setting-aware regulator a security device's indistinguishable detachable infrared (PIR) sensor, which is designed to detect movement, might be utilised to pinpoint the location of such an incident. Additionally, combining logical time with a keen homegrown provides several benefits for short-term care facilities for personalised care [25].Through coordinating next into consistent utilities and furniture, thought for the affected individual may be sweated into the neighbourhood. In order to find out if someone was grow weakened or otherwise lowered while washing, the inventors attach sensors to a tub. An Electrocardiogram (EKG) sensor-equipped seat was described as being able to detect an affected person with required mobility who may also spend considerable amounts of time inside the same location [26].A guardian may also be warned if a dementia patient was required to wander outside of the premises if they have been outside for an extended period of time or have left the building at unusual hours. 2) Comfort: The level of comfort in a modern structure depends on the environmental circumstances as they relate to the inhabitant. Comfort in a logical IoT people group was adversely affected by sensor conditions and devices utilised in WBANs. The effort required to work with the devices inside the neighbourhood was a factor closer to the comfort of the affected individuals [27].

Every client and parent feels the weight of a constant and direct commitment to technology. The protection of devices in a WBAN should ideally no longer interfere with a customer's regular schedule because the regular schedule should be structured around the predictable commitment of devices inside the neighbourhood. When victims become increasingly irritated with time and agree that the difficulty of the activity was greater than the last advantage, giving up a device is become a serious problem. The connecting point for the activity should be direct if a logical device is large or in some situations meant to be non-portable, such as a Constant High-quality Aircraft Route Pressure (CPAP) machine. Patients who have been returned home to recover won't require or want anything more than a short-term follow-up to their healing [28]. Devices that were wired or require constant charging run the risk of becoming an obstruction. Dementia was prevent elderly victims from maintaining, maintaining, or operating complicated gadgets. WBANs should be straightforward in this way, with the primary goal of now interfering with an affected person's regular routine [29]. The time information was then transmitted to a remote cloud server for live activities, images, and differentiating evidence. In this study, we enhance such a health recognition framework by utilising the fog computing infrastructure at practical entryways that provide high-level methods and services like inserted information handling, dispersed capacity, and notice administration at the core of the organisation [30]. Since it plays a significant role in the identification of the various inner organ illnesses, we primarily choose the cardiogram (ECG) to highlight extraction for the contextual investigation. Graphical record signals are dissected in reasonable doors with options removed along with rate, P wave, and T wave using a flexible model supported by a lightweight wave revision component. Our test outcomes determine that fog computing reaches over 90th data measure strength and provides a low-idle period reaction at the core of the organisation [31]. The administration of medical

treatment has generally been thought to increase clinical quality while lowering the cost of therapeutic benefits. A medical care framework needs to expand its scope in order to provide sensible and secure administrations with a higher than usual amount of clinical data. Regarding computing as a utility that rents out the processing and storing resources to patients and specialists, media distributes computing [32]. A promising computing worldview allows for dynamic asset allocation, self-request benefits, the administration process, asset simplicity, etc. Thus, a patient was in a position to save their sensitive data remotely on a cloud server, specify data rethinking, and then open their cloud data to the experts [33]. Cloud-based framework was currently The administration of medical treatment has generally been thought to increase clinical quality while lowering the cost of therapeutic benefits [34]. These days, cloud-based frameworks were facing a number of challenges, the main one being the matching up of data prior to cutover and data relocation. The need for a unified IoTs-based setup has been mostly neglected because to dispersed computing's weak quantifiable capabilities in terms of security challenges [35]. The main reason was that solid frameworks require computing operations on large amounts of data, which was why the awareness of device inertness emerged throughout solid frameworks like well-being perception, etc. With its flexibility to adapt, fog computing provides partners with creative objectives to enhance the presentation of distributed computing. and people who were located nearer to the final consumers. The limitations of current fog computing models were considerable, since either overthinking outcome accuracy or underestimating time elapse prohibits framework similarity [36-37]. Bring may be a planned system that combines cutting-edge computing tools to manage deep learning technology and programmed perception and provides a very supportive framework for real medical services frameworks like cardiopathy and many others. The distributed computing system was configured to use FogBus, which exhibits utility in terms of force usage, network data

measure, jitter, idleness, strategy execution time, and precision as well [38].

3. PROPOSED MODEL

Figure 1 illustrates the IoT framework paradigm for healthcare services using the Fibre Channel protocol. Using a Fuzzy Interface System (FIS) categorization technique, the data received by Internet of Things (IoT) devices for medical services is separated into categories of acceptable, normal, and high-risk. Reinforcement learning is used to spread Patients Healthcare Data across several virtual machines on fog servers. It is advisable to employ an artificial neural network to distribute the polluted information to end users inside the damaged asset [39]. Figure 1 present the proposed model.

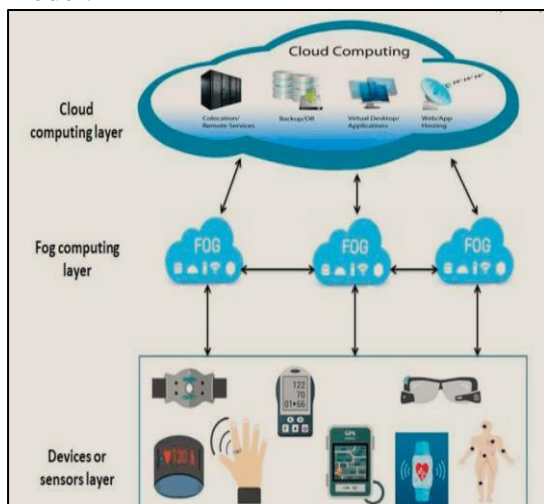


Fig.1. Proposed model

Fog processing design and IoT engineering By predicting an analytical framework and preventing parcel information loss using the parcel appearance rate and administration rate for the fog hub, the calculation latency (waiting time and administration time) may be expressed.

$C_{pl}^{FOG} = (N_I \cdot CPU_I \cdot d_{f^l}) / (c_s^l) + (N_I \cdot CPU_I \cdot d_{f^p}) / (c_s^f) + 1 / (v_{(n(i,j),n_e)} - \lambda_e) + 1 / (v_{(n(i,jv_f))} - \lambda_f) + 1 / (v_{(v_f,n_l)} - \lambda_l) + 1 / (v_{(v(j,n_e))} - \lambda_{el})$. where e, l, e' , and f represent the statics of packet arrival charges at nodes N_L and n_f , respectively, and N_I represents the total quantity of information per statics of a packet, CPU_I representing the CPU cycle per training, and N_I representing the CPU

speediness of nodes N_L and n_f . The possibility of records packet dispersion $O(s, a)$ is calculated as $O(s,a) = (d_{flP}(\text{"allocation"}, l) + d_{fpP}(\text{"allocation"}, f)) / (d_{fl} + d_{fp})$. $P_{\text{aflecorasej}} = \max(0, i - (Q_{(i,max)} - Q_i)) / i$, $Q_i = \min(\max(0, Q_{iv_i}) + d_{f^l}, Q_{(i,max)})$, where i is the number of documents. The total computation of files packets to be nearby handled at node n_i , v_i , the service speed of a node n_i , and i , which is the figures packet form frequency at node n_i . indicates the subsequent file state, or the packages of leftover documents, of a node n_i in state s after a success. $T_L = C_L$ is used to communicate the total latency. $^{FOG} + N_L^{FOG} + C_{PL}^{FOG}$ (3.18) $\& T_L = D_P \cdot S \cdot ((d_{lp}) / v_{(n_e, n_l)} + (d_{fl}) / (v_{(n, n_e l)})) + D_P \cdot S \cdot ((d_{f^l}) / (v_{(n_l, n_f)})) + (d_{f^p}) / (v_{(n_j, n_l)}) D_P \cdot S \cdot ((d_{lp}) / v_{(n_e, n_f)} + (d_{fp}) / v_{(n(j), n_e)}) + (l_n H_C_{(n_l + n_f + n_e)} / T_P + @ \& (N_I \cdot CPU_I \cdot d_{fl}) / (c_{sl}) + (N_I \cdot CPU_I \cdot d_{fp}) / (c_{sf}) + 1 / (v_{(n(i,j), n_e)} - \lambda_e) + 1 / (v_{(n(i,jv_f))} - \lambda_f) + 1 / (v_{(v_f, n_l)} - \lambda_l) + 1 / (v_{(v(j, n_e))} - \lambda_{el})$ [40].

Fog hubs N_L and n_f are to provide traffic frequency information to an end-user node n_e through a stage 1 transmission link. The QoS (latency constraint) for end users must be confirmed. numerous interruptions, including End-clients are impacted by calculation delay (files on nodes are interrupted), correspondence latency, and network latency as a result of massive information transfer and large information flow. The suggested method aims to decrease latency while allowing for change. P_i and reward R_i are selected before the framework is put into use. The sequence that begins with the current situation and ends with the activity that produces that state's typical foreseeable modern future alternatives is said to produce the optimum long-term rewards for any state activity. After k further time steps, the minute reward is worth twice as much, where i is designated as a markdown factor ($0 < i < 1$). The firm serves as the main value objective, satisfying the Bellman optimality equation [41].

$$E(R_{(i(t+1))} (v^*(s) \& = (\max) (S_{(i(t+1))})) S_{(i_t=s, A_{(i_t)=a})} \& = (\max)$$

$$S_{(i_t=s, A_{(i_t)=a} a_{(s,r)} p_1 (s,r,a), [r+\gamma_i v^{*} (s^{\wedge})])}$$

4. RESULT AND DISCUSSION

The Internet of Things (IoT) currently touches many facets of daily life after seeing substantial growth. Two IoT contexts that have gained popularity and attention over the past few years are smart health and smart education. These IoT applications use sensors and actuators to offer users useful services. IoT devices commonly fail because of their low processing power and light weight, which makes them vulnerable to harsh environments. IoT generally encounters a range of challenges including latency, energy consumption, low battery life, and hardware concerns. The health care industry is more vulnerable to these IoT issues than other industries because to the use of fog computing and intergration. Such studies, however, are inapplicable to IoT in smart healthcare in the actual world.

4.1 TEST EVALUATION

The proposed method is evaluated using the two distinct parameters of time consumption and latency during the transactions. Four end nodes are used in this project, including two Raspberry Pis that are IoT devices, a laptop that acts as a clinic node, a desktop that acts as a hospital node, and a desktop. Desktops act as RPC servers, while other devices serve as followers and tools for remote monitoring. Table 1 displays specifics of the evaluation that was put to the test for the proposed method.

Throughput and latency are two key variables that help in a more accurate assessment of the blockchain network. These parameters are established for the IoT devices used in this study (Raspberry-Pi). The number of profitable deals that are made. The blockchain network's transaction throughput is referred to. The unit used to describe transaction rates is transactions per second (TPS) [42].

TotalNumberofSuccessfulTransactions TransactionThroughput (TPS). Latency is the amount of time that passes between a successful transaction and the moment the transaction is deployed. Equation states that

latency in a transaction is the period of time between the deployed transaction time (k1) and the successful transaction time (k2).

SuccessfulTransactionTime(k2) minus DeployedTransactionTime(k1) equals average latency. Scalability is directly impacted by the network's throughput and latency. Any variation in device configuration, network speed, or size instantly affects scalability. Only the throughput and latency of IoT devices are calculated in this since the RPC server is installed in devices 1 and 2, and there is no trailing data on the same system [43]. There are four calculations that are used to determine throughput and the transaction, and they are shown in Table 1 displays the projected amount of time needed for IoT devices to register their data. The devices' processing times are measured at the first, fifty-first, hundredth, and hundredthfifty transactions, and the average transaction time is calculated. Devices 1 and 2 have average transaction times of 11.2534 and 12.167, respectively. Tasks take longer to finish on device 2 than they do on device 1, due to the difference in processing power. Figure 2 The devices' processing times are measured at the first, fifty-first, hundredth, and hundredthfifty

Table.1. Result

| Techniques | Average Transaction (ms) |
|---------------------------|--------------------------|
| [43] | 35.46 |
| [44] | 35.78 |
| [45] | 26.52 |
| [46] | 29.8 |
| [47] | 36.78 |
| Proposed Technique | 25.78 |

Table 1 displays the amount of time needed to process data requests for the clinic and hospital nodes. To determine how much time is spent on data searches, four different transaction points are used, as shown in figure 4.4. Device 2 takes 12.167 ms less time than Device 1, which takes 11.2534 ms, Device 3, which takes 23.345, and Device 4, which takes 25.7. The reduced time consumption is caused by the difference in compute power.

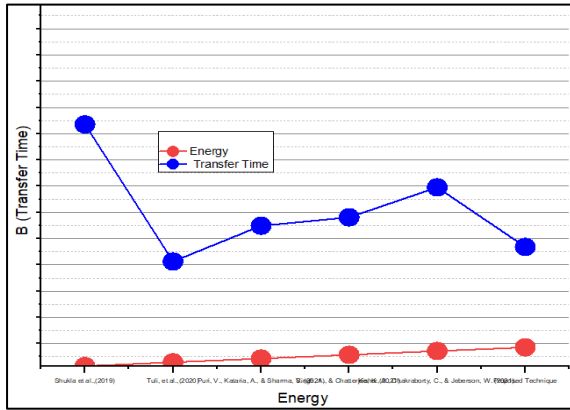


Fig.2. Result of energy

In both cases, the processing speed of data requests or data that has already been registered on the smart health system is directly correlated with the computing capability of the device. In the given network, latency is calculated based on throughput and time consumption under both conditions. For the first, 50th, 100th, and 150th transactions on devices 1, 2, 3, and 4, the average transaction power is 26.98 mW, accordingly (see table 1 and Figure 1-3). The energy usage of devices 1 and 2 is measured using the RAPL measurement tool and the USB Tester 79.

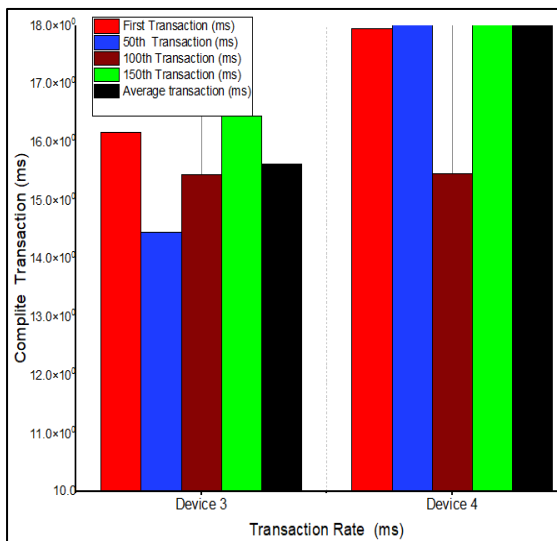


Fig.3. result of transaction

Devices 3 and 4's energy usage is measured using the IPPET81 and RAPL instruments. The difference between the power used by an IoT device at the time of a data request and the power used by the IoT node in the optimal state is taken into consideration when calculating the power consumption of IoT devices.

5. CONCLUSION

Ever with the introduction of smart health systems, smart devices have been an integral part of contemporary technology, including the Internet of Things (IoT). These systems rely on the Internet of Things (IoT) to collect environmental data and deliver it to a processing unit, which uses it to compile relevant data and perform the required tasks in smart health systems. Given how heavily the data collected determines how well these systems work, sensor errors could have a negative impact. With the use of edge and fog computing, this work presents an efficient architecture for latency-aware smart health care systems. The IoT gadget first succeeds by reducing latency. Second, varied approaches have led to a decrease in energy consumption. using data from figshare to assess the model's performance. Transfer Time, Power Consumption, and Energy Consumption are used to assess how effective Latency is. Additionally, the average energy consumption transaction is These systems rely on the Internet of Things (IoT) to collect environmental data and deliver it to a processing unit, which uses it to compile relevant data and perform the required tasks in smart health systems. due to the discussion. The experimental results show that the suggested FC context, which combines a hybrid fuzzy-based reinforced learning technique with an analytical model for reducing energy consumption and reducing the latency of the Smart Health Care System Using Edge and Fog Computing, is more effective than the currently employed techniques. According to a comparison study, the suggested alternative performs significantly better than the existing approaches.

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